



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2011

Sporting Excellence in Karate

Regional Level

Adam Crossley

This is to certify that Adam Crossley has performed to a very high standard in Competition Sport Karate throughout 2011 winning the medals and titles listed below:-

Championship Success - 1 Bronze

Shindo Kai National Championships - 20th November, Barnsley

Bronze - Individual Kumite

Congratulations on your sporting achievements throughout 2011. Well done Adam.

Sensei Wayne Clarke 3rd Dan
Head Coach - The Hull & East Riding Karate Academy



British
Karate
Federation

